

THE HUB @ BAY20

71 St Marks Road, W10 6JG



t:020 35790384 / e:info@bay20.org

Take away tea and coffee available Monday - Friday 11am-4pm

Monday

12.00am-2pm In
partnership with
Age UK K&C,
Lunch Club
booking is essential
call 020 8969 9105
ext. 3 Non members

5-7pm West London
Moroccan Widadia
Arabic Classes for
children

Tuesday

9.30am-1pm
United Mums
Peer Support

10-11am Lottery
Womens Boxing

11am-12pm Lottery
Mens Boxing

10-11am WYKD
Meditation

5-7pm West
London Moroccan
Widadia
Arabic Classes for
children

Wednesday

10.30am-12pm
Centre for ADHD &
Autism Support
Drop in for
parents/carers of
neurodivergent
children

11am-12pm RBKC
Zumba

3-4pm RBKC
TAI CHI

5-7pm West
London Moroccan
Widadia
Arabic Classes
for children

Thursday

2am-4pm
Community Cafe ,
Come and have a
chat and a coffee
open to RBKC
residents

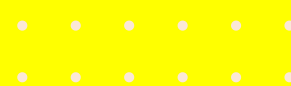
Friday

11am-4pm
Warm Space
Free Tea and
Coffee

12-5pm - One
Community
For more
information
contact
cate.latto@nhs.net

Saturday

11am-12.15pm
WYKD
Vinyasa Yoga



Contact information

WYKD Yoga contact: info@wykd.uk

West London Moroccan Widadia -wlmw@live.co.uk